



# BERNICA Study Tour, Graz Austria

## Programme

April 15<sup>th</sup> – 19<sup>th</sup>, 2024

### Monday, 15.4.2024

Eckertstraße 30i, Ground floor, ES30i.001

09.30	<i>optional:</i> Pick-up at Hotel A&O	Manuela Konrad, PhD	Eggenberger Str. 7
10.00	Arrival at FH JOANNEUM		ES30i.001
10.10	Welcome at FH JOANNEUM	Manuela Konrad, PhD	ES30i.001
10.20	Welcome of Head of Institute	Elisabeth Pail, MBA MSc	ES30i.001
10.30	Keynote "Advancing Nutritional Science: The Health Perception Lab and its Impactful Follow-up Research"	Bianca Fuchs-Neuhold, BSc MSc	ES30i.001
11.00	Campus Tour		
12.00	Lunch		Cantine FH JOANNEUM
13.00-16.30	Workshop "Reflecting on Interdisciplinary and Intercultural Collaboration"	Anastasia Sfiri, BSc MSc	ES30i.001

### Tuesday, 16.4.2024

Eckertstraße 30i, Ground floor, ES30i.001

09.00	Workshop "How to Implement an Innovative Learning Scenario Using MOOCs as an Example" Part I	Anastasia Sfiri, BSc MSc	ES30i.001
13.00	Lunch		Cantine FH JOANNEUM
14.00	Guided Tour through the Health Perception Lab <sup>1</sup>	Theresa Draxler, BSc MSc	Eggenberger Allee 11, 4 <sup>th</sup> floor
14.30	Welcome of Scientific Managing Director	FH-Prof. Dr. mont. Corinna Engelhardt-Nowitzki	ES30i.001
15.00	Group Photo		
09.00 - 12.00	Supplementary program: Preparing Videos for Promoting BERNICA	Martin Gutzelnig, MA	ES30i.001





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### Wednesday, 17.4.2024

Eckertstraße 30i, Ground floor, ES30i.001

09.00	Workshop "How to Implement an Innovative Learning Scenario Using MOOCs as an Example" Part II	Anastasia Sfiri, BSc MSc	ES30i.001
13.00	Lunch		Cantine FH JOANNEUM
14.00	Guided Tour through the Food Processing Lab <sup>2</sup>	FH-Prof. DI Dr. Simon Berner	Meeting point: in front of Cantine
14.30	Exploring Graz's Culture and History		individual
16.30 - 18.00	<b>Optional:</b> Intercultural game "Diversophy-DiversiTASTES".	Mag. Ulrike Hasiba-Klinger	Eggenberger Allee 11, 3 <sup>rd</sup> floor, room 322
18.00	Dinner in the Old Town of Graz		Griesgasse 8
09.00 - 12.00	Supplementary program: Preparing Videos for Promoting BERNICA Part I	Martin Gutzelnig, MA	ES30i.001

### Thursday, 18.4.2024, Visit to the Campus Bad Gleichenberg

Meeting Point: 8.45 in front of the Eggenberger Allee 11

09.00	Departure from FH JOANNEUM Graz		Eggenberger Allee 11
10.15	Arrival in Bad Gleichenberg		
10.30	Guided tour through the Sport Science Lab Group A <sup>3</sup> (Group B: coffee break)	Dietmar Wallner, MAS MSc	FH JOANNEUM Bad Gleichenberg
11.10	Guided tour through the Sport Science Lab Group B <sup>3</sup> (Group A: coffee break)	Dietmar Wallner, MAS MSc	FH JOANNEUM Bad Gleichenberg
12.00	Insight into the Practice of Nutrition Science and Nutrition Therapy – Guided Tour through the Teaching Kitchen	Anna Auer, BSc MSc	Vocational School Bad Gleichenberg
13.00	Visit to the Styrian Tavern "Kellerstüberl" with Traditional Styrian Dishes		Schulstraße 11, 8344 Bad Gleichenberg
15.00	Departure to Graz		Eggenberger Allee 11





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**Friday, 19.4.2024**

**Eckertstraße 30i, Ground floor, ES30i.001**

<b>08.30</b>	Project Coordinator Meeting	Manuela Konrad, PhD	ES30i.001
<b>09.30</b>	Closing Ceremony and Handover of Certificates	Manuela Konrad, PhD	ES30i.001
<b>10.00</b>	City tour through UNESCO world heritage	Theresa Draxler, BSc, MSc Daniela Grach, MSc	Meeting point: ES30i.001
<b>13.00</b>	End of Programme		

## Description of Laboratories

### <sup>1</sup>Health Perception Lab:

The Health Perception Lab is a laboratory for health-relevant sensory research. The prime focus is on examining beneficial foodstuffs by means of hedonic sensory analysis using standardized sensory cabins as well as modern digital technology, including 3D face reading and eye tracking. In contrast to laboratories for sensory analysis in which trained testers evaluate products, the HPL uses hedonic sensory analysis in which products are assessed by untrained testers of all ages.

### <sup>2</sup>Food Processing Lab:

The food pilot plant is designed for developing and exploring mechanical, thermal and microbiological methods and processes for the processing and manufacture of intermediate and food products. Another focus is on the development, commissioning and optimization of plant prototypes. The pilot plant is used for research and development, teaching, seminars and workshops. The Food Processing Lab now offers students, researchers and partners from industry and agriculture a total of over 900 square meters for product and process development, testing and optimization.

### <sup>3</sup>Sport Science Lab

The Sport Science Laboratory does research in applied training sciences, with a primary focus on optimizing training schedules and developing exercise therapy programs. The laboratory is equipped to diagnose endurance, strength, speed and coordination, as well as carrying out biomechanical examinations. In the Sport Science Laboratory sports scientists do applied training research, especially concerning the optimization of training processes and the development of sport and fitness therapy programs.

